

# Your Plaque Psoriasis Appointment Guide

Consider answering the questions below and using this guide for your next appointment to help keep the conversation with your provider on track. It's important for your healthcare provider to understand your experience with plaque psoriasis.

## What plaque psoriasis symptom(s) do you experience?

- ☐ Raised plaques and scales
- ☐ Itching
- ☐ Cracking and bleeding skin
- ☐ Pain (stinging and/or burning)
- ☐ Redness
- ☐ Other (please specify)

Your healthcare provider may want to hear about the severity of your symptoms.

## How often does plaque psoriasis impact your daily life?

- ☐ Not at all
- ☐ Occasionally
- ☐ Bothersome
- ☐ Severely impacts

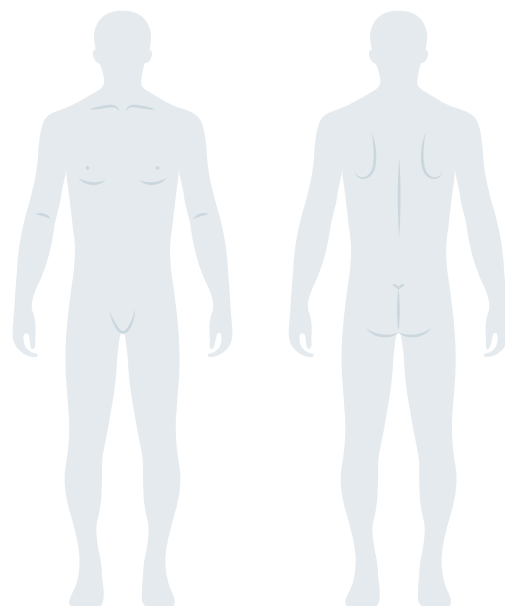
## How often do you experience plaque psoriasis symptoms?

- ☐ Every day
- ☐ Every week
- ☐ Every month
- ☐ A few times a year

**ZORYVE**<sup>®</sup>  
(roflumilast) 0.3%  
cream / topical foam

## Where do you experience plaque psoriasis?

Circle the areas where you experience symptoms. Within each circle, input a number to represent how troublesome that area is (0 = not troublesome, 5 = very troublesome).



## APPROVED USES

ZORYVE cream 0.3% is a prescription medicine used on the skin (topical), including in areas with skin folds, to treat plaque psoriasis in people 6 years of age and older.

It is not known if ZORYVE cream 0.3% is safe and effective in children with plaque psoriasis under 6 years of age.

ZORYVE foam is a prescription medicine used on the skin (topical) to treat plaque psoriasis of the scalp and body in adults and children 12 years of age and older.

It is not known if ZORYVE foam is safe and effective in children with plaque psoriasis of the scalp and body under 12 years of age.

## IMPORTANT SAFETY INFORMATION

**ZORYVE is for use on the skin (topical only).** Do not use ZORYVE in or on your eyes, mouth, or vagina. **Do not use ZORYVE if you have certain liver problems.**

**Please see additional IMPORTANT SAFETY INFORMATION throughout.**

What treatments have you used to manage your plaque psoriasis symptoms?

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How well is your current plaque psoriasis treatment working?

Select all that apply

- ☐ It's working
- ☐ It's not working
- ☐ Looking for something different
- ☐ I do not have a treatment for my psoriasis
- ☐ I'm not sure



Your responses may help guide the conversation at your next dermatology visit

Ask if steroid-free ZORYVE may be right for you.



Scan the code or visit [ZORYVE.com/plaque-psoriasis](https://ZORYVE.com/plaque-psoriasis) to learn more.

## NOTES & QUESTIONS

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## IMPORTANT SAFETY INFORMATION, continued

**Before using ZORYVE, tell your healthcare provider about all of your medical conditions, including if you:**

- have liver problems.
- are pregnant or plan to become pregnant. It is not known if ZORYVE will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if ZORYVE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with ZORYVE. Breastfeeding women using ZORYVE should use it on the smallest area of the skin and for the shortest time needed. Do not apply ZORYVE directly to the nipple or areola to avoid contact with your baby. Avoid direct skin contact of treated areas with your baby if ZORYVE is applied to your chest.

**Tell your healthcare provider about the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**What should I avoid while using ZORYVE foam?**

**ZORYVE foam is flammable.** Avoid fire, flame, and smoking during and right after you apply ZORYVE.

**The most common side effects of ZORYVE cream 0.3% for plaque psoriasis include:**

- diarrhea
- headache
- trouble sleeping
- nausea
- application site pain
- upper respiratory tract infections
- urinary tract infections (UTIs)

**The most common side effects of ZORYVE foam 0.3% for plaque psoriasis include:**

- headache
- diarrhea
- nausea
- common cold

These are not all of the possible side effects of ZORYVE. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see [Patient Information for ZORYVE cream](#) and [Patient Information for ZORYVE foam](#).**

