

Your Eczema (Atopic Dermatitis) Appointment Guide

Consider answering the questions below and using this guide for your next appointment to help keep the conversation with your provider on track. It's important for your healthcare provider to understand your experience with eczema.

What eczema symptom(s) do you or your child experience?

- ☐ Dry, cracked skin
- ☐ Itchiness
- ☐ Oozing or crusting from skin
- ☐ Puffy or swollen skin
- ☐ Rash or redness
- ☐ Other (please specify)

Your healthcare provider may want to hear about the severity of your symptoms.

In the past 3 months, how many flare-ups did you or your child experience?

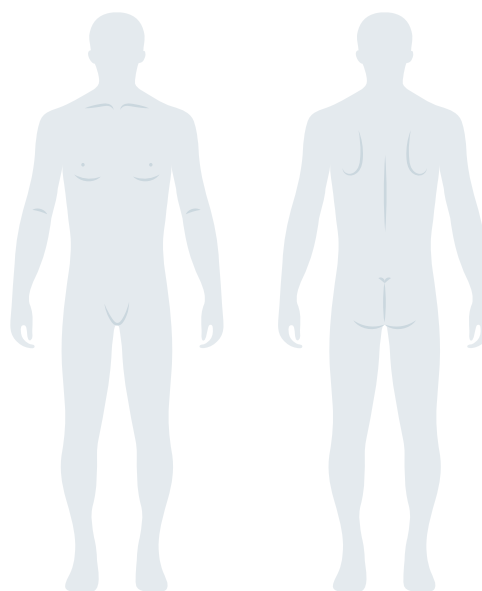
- ☐ 1 to 4
- ☐ 5 to 7
- ☐ 8 to 10
- ☐ More than 10

What eczema treatments have you tried in the past?

ZORYVE[®]
(roflumilast)
cream 0.15% | 0.05%

Where do you or your child experience eczema? Circle the areas where you or your child experience symptoms.

Within each circle, input a number to represent how troublesome that area is (0 = not very troublesome, 5 = very troublesome).



APPROVED USES

ZORYVE cream 0.15% is a prescription medicine used on the skin (topical) to treat mild to moderate eczema (atopic dermatitis) in adults and children 6 years of age and older.

It is not known if ZORYVE cream 0.15% is safe and effective in children with mild to moderate eczema (atopic dermatitis) under 6 years of age.

ZORYVE cream 0.05% is a prescription medicine used on the skin (topical) to treat mild to moderate eczema (atopic dermatitis) in children 2 to 5 years of age.

It is not known if ZORYVE cream 0.05% is safe and effective in children with mild to moderate eczema (atopic dermatitis) under 2 years of age and 6 years of age and older.

IMPORTANT SAFETY INFORMATION

ZORYVE is for use on the skin (topical only). Do not use ZORYVE in or on your eyes, mouth, or vagina. **Do not use ZORYVE if** you have certain liver problems.

Please see additional IMPORTANT SAFETY INFORMATION throughout.

What is important to you in a treatment option?

Select all that apply

- ☐ How well it works (i.e. skin clearance, itch relief)
- ☐ No steroids
- ☐ Can use anywhere on the body
- ☐ How often it needs to be applied
- ☐ Application benefits such as not greasy, absorbs quickly, feels like skincare, etc...
- ☐ What the potential side effects are

NOTES & QUESTIONS



Your responses may help guide the conversation at your next doctor's visit

Ask if **steroid-free** ZORYVE (rhymes with "BELIEVE") may be right for you.



Scan the code or visit ZORYVE.com/atopic-derm to learn more.



Did You Know?

ZORYVE cream is formulated with moisturizing properties and is a once-daily, steroid-free topical that can be applied anywhere* (every nook and cranny, including the face) for as long as you or your child needs it.

- NOT A STEROID
- NOT A PILL
- NOT AN INJECTION

*ZORYVE is for use on the skin only. Do not use ZORYVE in or on your eyes, mouth, or vagina.



IMPORTANT SAFETY INFORMATION, continued

Before using ZORYVE, tell your healthcare provider about all of your medical conditions, including if you:

- have liver problems.
- are pregnant or plan to become pregnant. It is not known if ZORYVE will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if ZORYVE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with ZORYVE. Breastfeeding women using ZORYVE should use it on the smallest area of the skin and for the shortest time needed. Do not apply ZORYVE directly to the nipple or areola to avoid contact with your baby.

Tell your healthcare provider about the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

The most common side effects of ZORYVE cream 0.15% in adults and children 6 years of age and older treated for atopic dermatitis include:

- headache
- diarrhea
- nausea
- vomiting
- application site pain

The most common side effects of ZORYVE cream 0.05% in children 2 to 5 years of age treated for atopic dermatitis include:

- upper respiratory tract infections
- stuffy or runny nose
- diarrhea
- red or swollen eyes (like "pink eye")
- vomiting
- headache

These are not all of the possible side effects of ZORYVE. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please see [Patient Information for ZORYVE](#).